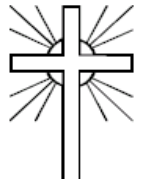


ALL SAINTS, OLD GLOSSOP, AND ST MARY CROWNED, GLOSSOP
THE ROMAN CATHOLIC DIOCESE OF NOTTINGHAM
REGISTERED OFFICE: WILLSON HOUSE, 25 DERBY ROAD, NOTTINGHAM. NG1 5AW
COMPANY NUMBER 7151646 CHARITY NUMBER 1134449



FIRST SUNDAY OF LENT 2022

SUNDAY 6TH MARCH 2022

Lent, which began on Ash Wednesday, is a time of penance.

It is a time when we reflect on the 40 days Jesus spent in the desert. Catholics have three main practices during Lent: Prayer, Fasting, Almsgiving.

Prayer:

Prayer is an essential part of the Lenten experience. There is a saying that without prayer, fasting is just dieting. Without prayer, almsgiving is just social work.

Prayer connects us with our loving God.

So during Lent, it is important to focus more time on prayer. This is a good time to develop a daily prayer habit if you don't already have one.

If you already have a prayer habit, consider adding to it.

Or change it up if your routine has become stale and dry.

Prayer Ideas for Lent

Make a Gratitude List Every Day and Pray with It

Gratitude can be one of the most fruitful forms of prayer. When we specifically notice things to be grateful for, we become aware of and acknowledge God's constant presence in our lives. Practicing gratitude daily is a practice which can change your whole attitude and it doesn't have to take a lot of time.

Say a Rosary

The rosary is one of the most misunderstood Catholic devotions. While some non-Catholics see it as worshiping Mary, it is in fact focused on Christ. The mysteries of the rosary are based on important events in the life of Christ.

Fasting and Feasting Prayer

Fast from judging others;

feast on Christ within them.

Fast from emphasis on difference;

feast on our bonds.

Fast from fear of illness;

feast on the healing power of God.

Fast from apparent darkness;

feast on God's light.

GLOSSOP ROSARY:

We are continuing the Rosary on Monday 7th March with the Sorrowful Mysteries.



CAFOD Family Fast Day – Lent Appeal

Every child should grow big and strong. **Family Fast Day** is **Friday 11th March**, a day when we eat simply and give generously to support mums around the world, like Amie in Sierra Leone, with expert training in growing and making healthy food. Your small act of love this Lent will make a big difference to many communities affected by extreme hunger and children suffering from malnutrition. Please donate in church using a CAFOD envelope or by visiting the CAFOD website:

(cafod.org.uk/lent).

Fast Day Collection Envelopes are available at this weekend's Masses and will be collected at next weekend's Masses.

Thank you for your generosity.

CAFOD BREAKFAST:

At 10.15am, St Mary's Church Hall, on Sunday 13th March.



Please come and join us for a cuppa, a bacon butty and plenty of good company. All proceeds to **CAFOD. All are welcome!**

MISSIO RED BOXES: A reminder that the MISSIO RED BOXES are due to be emptied during the months of **March** and **September** this year.

If you prefer to give a donation by cheque please make it payable to **Missio-Mill Hill** and hand it to your usual collectors (for St Mary's) Rita Hussell, Jan Holland and Andrea Strogen.

After thirteen years as local secretary of St Mary Crowned for MISSIO, Rita Hussell will be retiring from the position at the end of this year.

Rita is hoping that someone would be willing to take over what is a very rewarding, but not time consuming, post. New friendships can be made with like-minded people who want to make a difference by helping our Missionaries to share the love of Jesus, training future Priests and Sisters and giving hope to the world's poorest children. For further information please contact Rita.

Parish Clergy	PP: Fr Martin Sylvester, STB, MA	Tel: 01457 852113
Postal address	Royle House, Church St, Glossop, Derbyshire, SK13 7RJ	
Joint Parish Pastoral Council:	08445 880856. Jenny Cieslik, Lorraine Doyle, Anne Fielding, Christine Hulley, Ann King, Natalie Mellor-Fallon, Sandra Mellor-Fallon, Barbara Payne and Fr Martin Sylvester. (Calls to 0844 numbers cost 7p/min plus your network charge. The parish does not receive any income from this charge - it is retained by the virtual switchboard service provider.)	
Parish Newsletter Editor	Liz Nash f	Website www.glossop Catholics.org.uk
The Glossop Catholic Parishes are bound by Diocesan Privacy Policy – see http://dioceseofnottingham.uk/privacy-policy		

The Week Ahead (ASC = All Saints Church, SMH = St Mary's Hall, SMC = St Mary's Church)

Parish Mass Book: This weekend's Readings: p.153, Gloria p. 9, Creed p.12

Saturday 5th 6.00pm,	Lenten Feria ASC Holy Mass (The People of the Parishes)
Sunday 6th 9.15am, 11.15am,	First Sunday of Lent SMC Holy Mass (Special Intention (BB)) ASC Holy Mass (The Holy Souls)
Monday 7th 9.30am,	SS Perpetua & Felicity, Martyrs Holy Mass at St Charles, Hadfield, SK13 1PQ
Tuesday 8th 9.30am, 10.30am,	St John of God, Religious Holy Mass at St Charles, Hadfield, SK13 1PQ Holy Mass at The Annunciation, New Mills, SK22 3BW
Wednesday 9th 9.30am, 10.00am,	St Francis of Rome, Religious Holy Mass at St Charles, Hadfield, SK13 1PQ Holy Mass at St Mary's, Marple Bridge, SK6 5BB
Thursday 10th 10.30am,	Lenten Feria Holy Mass at The Annunciation, New Mills, SK22 3BW
Friday 11th 9.30am, 10.00am, 3.00pm, 7.00pm,	Lenten Feria Holy Mass at The Immaculate Conception, Broadbottom, SK13 5ES Holy Mass at St Mary's, Marple Bridge, SK6 5BB St Charles Hadfield, SK13 1PX Stations of the Cross SMH Prayer Group <i>Please pray for today's meeting of the PPC and the Maintenance Committee</i>
Saturday 12th 6.00pm,	Lenten Feria ASC Holy Mass (The People of the Parishes)
Sunday 13th 9.15am, 11.15am,	Second Sunday of Lent SMC Holy Mass (Len and Mary Fallows RIP (BD)) ASC Holy Mass (Patrick Shanahan RIP (GS))

The diocesan draft Response to the Synod

is now available at the back of church and on the parish website. Please take some time to read it, and send any further responses or reflections, by Saturday 19th March, directly to the Diocesan Co-ordinators: Father David Cain (david.cain@dioceseofnottingham.uk) or Joe Hopkins, Adult Formation Director for Mission (joe.hopkins@dioceseofnottingham.uk)

HELPING HANDS: During the pandemic, 'Helping Hands' has responded to requests for help with shopping and prescription collection as well as other requests. Drivers and shoppers are available to help those who are unable to leave the house.

CONTACT: Wynne or Rob.

Bookings are now open for the Nottingham Diocesan Lourdes Pilgrimage – under the leadership of Bishop Patrick, from Monday 4th until Friday 8th July.

Full details are on the Tangney Tours website:

<https://www.tangney-tours.com/nottingham>,

or for more details contact Father Simon Gillespie (simon.gillespie@dioceseofnottingham.uk)